

**May 2022 – Altered Delivery Schedule|
Warren/Hamilton Counties Office for the Aging**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2 Chicken Pot Pie with Potatoes & Veggies Brussel Sprouts Pudding	May 3 Salisbury Steak Mashed Potatoes Carrots Yogurt w/Berries & Granola	May 4 Orange Juice Breaded Fish Au gratin Potatoes Mixed Veggies Fruited Gelatin	May 3 Roast Turkey/Gravy Mashed Potatoes Asparagus Brownie	May 6 Happy Mother's Day Pork Chops Sweet Potatoes California Medley Strawberry Shortcake
May 9 Cheeseburger Deluxe Lettuce/Tomatoes Potato of the Day Scandinavian Veggies Mandarin Oranges	May 5 American Goulash Broccoli Corn Chilled Pineapple	May 11 Chicken & Stuffing Casserole Brown Rice Italian Medley Veggies Tropical Fruit Cup	May 10 Meatloaf Mashed Potatoes Winter Squash Apple Crisp	May 13 Cold Plate Sliced Roast Beef Potato Salad Coleslaw Chilled Peaches
May 16 Chicken Stir-Fry Brown Rice Japanese Medley Applesauce	May 17 Manicotti Marinara Meat Sauce Oriental Veggies Carrots Fresh Fruit	May 18 Sloppy Joe on a Hamburger Bun Roasted Potato Bites California Medley Fruited Gelatin	May 17 Macaroni & Cheese Stewed Tomatoes Green Beans Mandarin Orange	May 20 Cold Plate Chef Salad – (Turkey/Ham/ Swiss Cheese/ Lettuce) Marinated Veggies Birthday Cake w/Frosting Happy Birthday!!
May 23 Cheese Omelet Sliced Ham Hash Brown Potatoes Broccoli Pudding	May 24 Baked Fish Scandia Sweet Potatoes Spinach Chilled Pears	May 25 Spanish Rice Italian Veggies Corn Bread Fruited Gelatin	May 24 Pot Roast/Gravy Mashed Potatoes Peas Tropical Fruit	May 27 Memorial Day BBQ Hot Dog/Bun Baked Beans Hot German Potato Salad Memorial Day Dessert
May 30 Meal site Closed 	May 31 Veal Parmesan Penne Pasta Marinara Sauce Winter Squash Mandarin Oranges		Age 60+ suggested contribution is \$3 Per Meal, under 60 required contribution is 5\$	

All meals served with 1% milk, bread, margarine, (Congregate site only - *coffee, and tea and juice*). Diabetic desserts are available for those with diabetes. Menus subject to change. Frozen Dinner Heating Instructions: Oven: 350 degrees for 30-45 min or until food has reached 165-degree (Loosen aluminum foil top or puncture film seal)

Microwave: Plastic Containers only - loosen film seal, heat on high 5-6 minutes, or until the food has reached 165 degrees. Stir content half way thru cooking cycle. Let stand 2-3 minutes prior to serving. Caution contents will be hot.